

Skate Ski Clinic

Instructor: Lesley Beatson, Level 3 Coach NCCP, CANSI certified instructor, graduate of the National Coaching Institute, Masters Degree in adult education, (Advanced Skills and years of experience at instructing sport and motivating)

Thursday February 23

Beginners, 6:00-7:15 pm: Fundamentals to make it so much easier

Experienced: 7:30-8:45pm Learn to be efficient

\$35.00 plus trail fee or BJ membership (groups no bigger than 6)



For info and to register call 250.362.5220